



Cranbrook R.F.C



U9

UNDER NINES

Welcome Pack

Welcome to **U9s**

Welcome back, we remain as U8s until the new season officially commences and this Welcome Pack provides information for the new season.

In this Welcome Pack, you'll find some useful information about the the Club and U9s Rugby.

We are however, unable to provide any Festival dates at this stage.

At the time of printing (mid August 2020), the Return to Rugby is governed by the RFU and government's Coronavirus (Covid-19) guidelines.

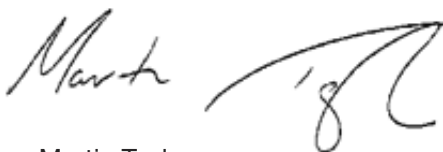
The RFU can confirm that the game is now at Phase C of the Return to Rugby Roadmap, following approval from the government. The return will initially be through non-contact rugby focused on Ready4Rugby, a non-contact game, enabling two teams of up to 10 players to engage in some match activity for limited time.

The majority of our sessions will be focussed on Rugby fitness and skills inline with RFU and government guidelines.

We plan to have fun, in a safe, controlled environment as we continue down the Return to Rugby Roadmap.

As always, we welcome new players, parents and volunteers to the squad.

Regards

A handwritten signature in black ink, appearing to read 'Martin Taylor', followed by a large, stylized flourish or scribble.

Martin Taylor
Head Coach



Minis Mission Statement

The aim of CRFC's Mini rugby is to foster and develop young players (girls & boys) of all abilities in the game of rugby in a safe, non-competitive, enjoyable

environment through activities which ensure progressive skill development.

Using the foundation of the RFU's Age Grade Rugby and the progressive development tools guided by Quilter Kids First program. We will ensure all of our coaches 'Are In' and are committed to developing young athletes into compassionate and respectful individuals and team members.

We will ensure each player demonstrates the highest standards of RFU's T.R.E.D.S (Teamwork, Respect, Enjoyment, Discipline, Sportsmanship) at all times on and off the pitch and external to the club grounds.



Proposed new CRFC Clubhouse

Membership

Membership enrollment forms will be sent out very soon so they are ready for the start of the season (early bird discount will apply for members signing up before Oct 2020).

Family membership can and will include both parents and all children (under the age of 18).

The facility for a single child to sign up is not applicable before U17/18's (students and most likely only to play for part of the season due to schools rugby and commitments).

Club or Social membership are available for adults (see membership form).

Benefits:

- A family membership gives 12 months of sport (Rugby, Netball, Cricket etc) for roughly £3 per week
- RFU Insurance
- Membership discount at the Club bar
- Entries to various Festivals
- Opportunity to purchase Rugby International Tickets
- Club liaison with Harlequins RFC
- All Coaches' further development paid by the Club
- First Aid training paid by the Club
- And much more...

PLEASE NOTE: We operate a try before you buy policy for the children. In practice this means that a child can come to three training sessions before they will be asked to become a member. A non-member will not be allowed to participate at festivals.

Cafe, Bar and Shop

The Café provide hot food & drinks and the licensed Bar opens from 9:30am on Sunday mornings.

The Shop, located in the Clubhouse sells a variety of Cranbrook Rugby Kit for players of all ages.

The shop is currently run by Mrs Forknall and Mrs Sellick (both volunteers) and is open most weekends from 09:15 to 10:00 plus 12:00 to 12:30.

What to bring and wear

Players are expected to wear CRFC Kit consisting of Maroon rugby shirt, black shorts and black socks for Training and Festivals, which can be purchased at the Club Shop.

Bring additional clothes suitable for the weather conditions on the day and snacks and water as we have regular breaks through the training session.

Wear boots with IRB approved studs in good condition, no single stud to the toe and no rough edges or abrasions.

Wear safety goggles rather than glasses.

Gumshield/Mouthguard must be used.

Wear a smile whatever the weather and be prepared to get muddy!

U9 Rules of Play

The object of the game is to score a try by placing the ball with a downward pressure on or behind the opponents' goal line.

Under 9s Rugby is played between teams of equal numbers of players, containing six or seven players on the pitch at any one time.

The maximum pitch size is 60 metres by 30 metres.

The ball can only be passed sideways or backwards (but not forwards). If the ball is knocked forwards then a free pass is awarded to the non-offending team, unless advantage occurs to the non-offending team. In order to keep the game flowing, referees may play advantage wherever possible.

Only the ball carrier can be tackled. The ball carrier can run and dodge potential tacklers but cannot fend off or hand off using their hands or the ball. The ball cannot be pulled out of the ball carrier's hands at any time.

A "Tackle" is deemed to be any contact below the arm pits of the ball carrier which results in the ball carrier being held by the opponent of the ball carrier.



U9 Training

Training for U9 boys and girls is held on Sundays through September to April and starts promptly at 10am and finish around 11:30am.

Training days are identified on the diary and will be regularly updated as the season progresses.

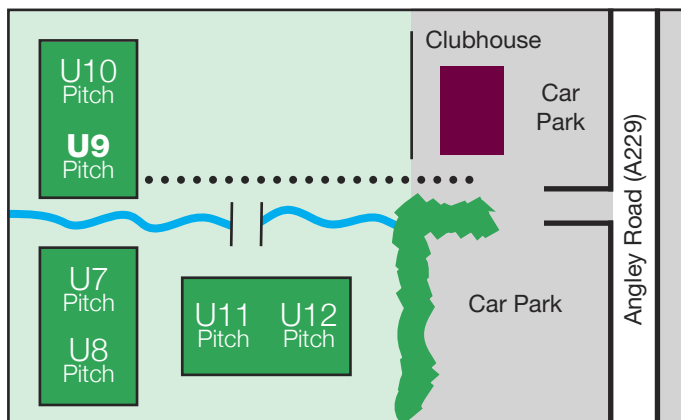
If inclement weather requires a cancellation of training during the season our method of communication will be via **WhatsApp**.

Please ensure that you provide your details asap.

Sessions will be interactive and fun throughout the season.

We are always looking for volunteers to help out at training sessions so be prepared to get active!

U9 Pitch location



U9 Festivals

Festival dates for this season have yet to be finalised. We shall provide all dates once we have them.

This year teams will consist of six or seven players on a bigger pitch with contact.

Travel is an essential component of festivals. Please advise me if you are having problems attending due to travel issues. The normal cost of parking at a festival is £5 per car. Different clubs are able to cope with different volumes of traffic so be prepared.

Festival details will be emailed out in advance by Gemma.

Players will be required to a) be a member of CRFC b) registered by the RFU c) be within the appropriate age range and d) Wear club kit.

You represent the club at festivals and appropriate behavior is expected at all times.

The host of the festival normally have refreshments available on the day, however it's wise to bring additional snacks and hydration.

Kit such as tents, balls, bibs and first aid are brought to the festival by the coach(s).

The coaches endeavor to ensure all players get fair playing time. Players normally get either a medal or certificate for their participation.



Festivals are key to individual player development and team bonding. Training sessions will be designed around the squads strengths and weakness at festival performance.

U9 Coaches

U9s currently have two Coaches; Martin Taylor (Head Coach) and Darren Wilson.



Martin Taylor

Martin Taylor (Head Coach)

Martin is responsible for all aspects of the U9 squad.

Martin has a wealth of experience of coaching various sports but specific to rugby he has undertaken the following courses:

- Headcase - Concussion Awareness for coaches
- Play it Safe
- Rugby Ready,
- Quilter Kids First Rugby - Working with Children
- Quilter Kids First Rugby U7
- Quilter Kids First Rugby U8
- Quilter Kids First Rugby U9
- Quilter Kids First Rugby U10
- Quilter Kids First Refereeing Children
- CARDS.

Having played rugby and football at school, he was spotted as a Goalkeeper by Gillingham FC, however injury forced him into taking up refereeing. He did this for a number of years to the level of semi pro. He also obtained the role of FA Tutor Licensed Referee Instructor for the National FA.

Following the birth of his son, he instigated the revival of the mini's section at West Norfolk RFC for players between 3 - 6. Following a move to Kent, he joined Cranbrook RFC and has Head coached the U7's and U8's.

Martin is very much looking forward to integrating the players into the contact form of the game.

U9 Coaches continued



Darren Wilson

Darren Wilson

Darren played rugby at school in Maidstone and is a qualified Fitness Instructor.

He coached U8s last season and U7s the season before with his own twin sons Charles and Henry in the squads.

Darren has the following England RFU Coach Training Qualifications, with more planned this season:-

- Headcase - Concussion Awareness for Coaches.
- Play It Safe.
- Rugby Ready.
- Quilter Kids First Rugby U7.
- Quilter Kids First Rugby U8.
- Quilter Kids First Rugby U9.
- Quilter Kids First Rugby Refereeing.

Darren is keen to promote T.R.E.D.S (Teamwork, Respect, Enjoyment, Discipline, Sportsmanship) at all times on and off the pitch to all squad members, parents and spectators and make Rugby a highly valued part of their lives.

If you would like to discuss anything or have any concerns, suggestions and ideas, both Coaches are available for a chat after each training session in the club house.

U9 Safety & Welfare

The club treats welfare of the players as a paramount priority. Both coaches have been DBS checked, completed the England RFU Headcase, Rugby Rady and Play It Safe safeguarding courses and hold First Aid accreditation.

Coaches will reserve the right to remove players that they feel are unfit to play.

The clubs appointed Child Welfare Officer is Michelle Forknall.

U9 First Aid

Martin holds a St Johns qualification in first aid.
Darren has a rugby specific first aid qualification.

Some of the Squads Parents also have first aid qualifications.

A first aid kit is located in the training kit bag at both festivals & training. First aiders are not allowed to administer pharmaceutical medication.

If a player has a specific medical conditions then please discuss with the coaches the appropriate medical treatment protocol.

Festival first aid is provided by the host, with organisations such as St Johns available on the day.

The clubs lead on first aid is Ruth Davies.

U9 Contact Info

Martin Taylor - Head Coach
07730 476880 Fmcc16@aol.com

Darren Wilson - Coach
07710 558544 darren@roguegene.com

Gemma Haywood - Team Manager
gemma.pateman@hotmail.co.uk

David McWilliams - co Mini Chairman
07726 233326 david.mcwilliams@hotmail.co.uk

Steen Mickleborg - co Mini Chairman
07860 690252 crfc.mini@gmail.com

U9 Communication

The **U9s** will utilise WhatsApp as a communication tool between the club and parents/ guardians.

PLEASE ensure your contact details are provided.

U9 Volunteers

We are always looking for extra help from Coaching, First Aid, Car Parking Attendants, Cafe/Bar/Shop Staff to so much more.

Please get in touch if you would like to help out.



Cranbrook R.F.C



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www.cranbrookrugby.com/cranbrook_rugby_kent/file/U9.php

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