



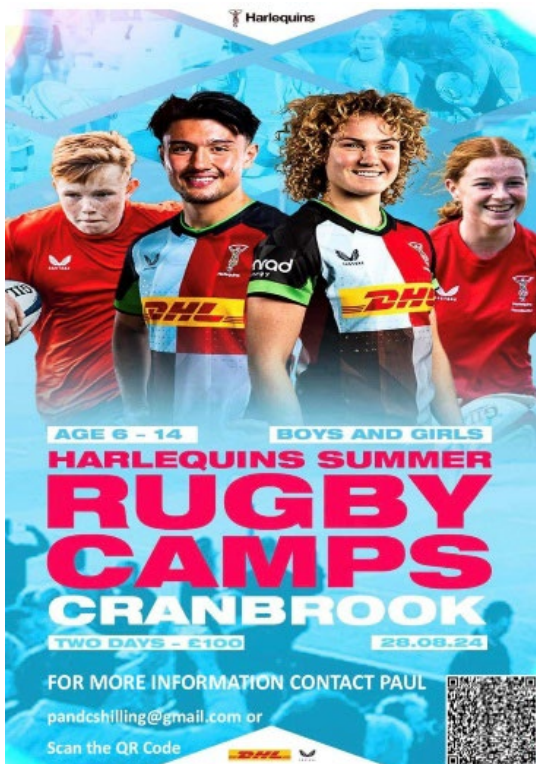
Although it might seem quiet with no rugby on Saturdays or Sundays, there is still plenty going on at Cranbrook Sports Club over the summer!

Cricket- The cricket season has got off to a great start with over 70 children taking part each Sunday morning in both soft ball and hard ball training session. With cricket festivals on the horizon, now is definitely the time to get all those budding cricketers involved so do get in touch with Lucy on cranbrookcricketers@gmail.com Remember, if you have a paid 23/24 Cranbrook Sports Club (rugby season) membership, then cricket for your little players is included!

There are 2 summer Skillz Cricket camps this year at the club: 29th- 31st July & 12th- 14th August, both 9-2pm. To book, go to the Skillz website www.skillzsportsacademy.co.uk

**Cranbrook Sports Club AGM- Sunday 9th June 2024 at 11am.
Everyone welcome and encouraged to come along!**

Quins Camp- The ever-popular Harlequins Summer Camp at Cranbrook is also open for bookings so don't delay- see flyer below. Any questions then do contact Paul Shilling pandcshilling@gmail.com



Senior Men & Over 15 Year Olds- Summer Touch has started, with over 45 players at the first session. Now is a great time to get involved, whether you have played recently, want to get your boots back on or are completely new to the game- see the below poster with dates, or contact Chris on chris@cranbrookrugby.com

CRANBROOK RFC

DATES FOR THE DIARY 2024

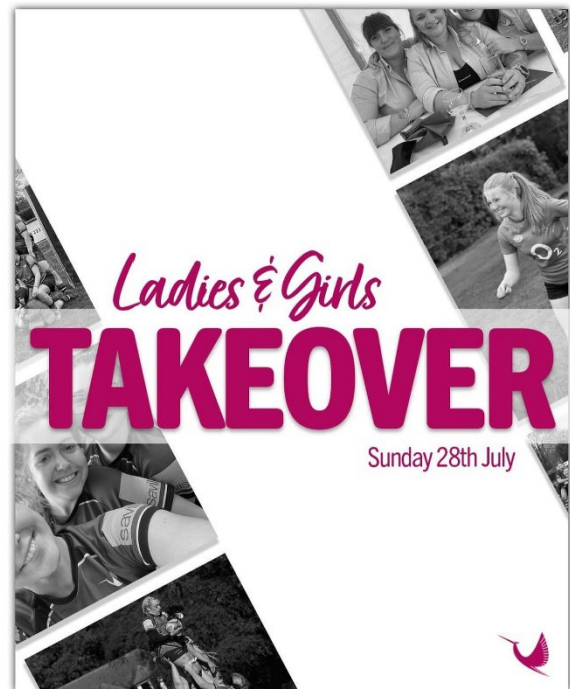
MAY	23	SUMMER "TOUCH RUGBY" STARTS
JUN		SUMMER TOUCH CONTINUES
JUL	02	PRESEASON STAGE 1
AUG	01	PRESEASON STAGE 2
SEP	07	24/25 SEASON KICKS OFF

Fancy "giving us a try" contact: chris@cranbrookrugby.com



Ladies & Girls Over 12 Years Old- Summer Touch, every Thursday evening at 7pm. New to rugby, wanting to get fit or looking at getting back to playing, everyone welcome! For more information then drop Lyndsey a message on 07835 9770624

Ladies & Girls Takeover morning- 28th July at 10am- Did you know that we offer rugby for girls aged 4 and up, Ladies rugby from age 17 and up, and ladies walking rugby for any age ladies with no contact? We will be hosting a morning of rugby where all these will be on display- a great opportunity to come along and get involved. Watch, try it out, ask questions, whatever you are comfortable with but come along and see what it's all about! Further information from Lyndsey on Cranbrook_ladies_rugby@outlook.com





Ladies
WALKING
Rugby

In Partnership with Highgate Hawkhurst WI





ALL AGES WELCOME; No mud or tackling involved, just lots of fun and laughter, and an opportunity to get fit and make new friends!

📅 Every other Friday

Tea, coffee, cake (and chat!)
after the session!

🕒 2:00pm

📍 Cranbrook Sports club, Tomlin Ground, Angley Road, Cranbrook, Kent TN17 2PN

01580 712777
www.cranbrookrugby.com

Contact Rachel on 07786 222637

Ladies Walking Rugby- Non- contact and open to ladies of any age, run in partnership with Highgate Hawkhurst WI, walking rugby is really taking off at the club with lots of ladies now attending the Friday afternoon sessions, and enjoying learning the game, getting fit and making new friends! Do come along and join the ladies- no mud or tackling but cake and laughter a must. Contact Rachel on 07786 222637 for more information.



Schools Out Disco 19th July 2024 from 5pm- Plans are well underway for this exciting new event for the youngest members of the local community- open to all school aged children from Reception to Year 6. Please share and invite along friends (no need to be a Cranbrook Sports Club member) OPEN TO ALL CHILDREN

Hot food, drinks and fun for the children, and for the adults as the bar will be open! For more information, please contact Charlotte on 07510 569709

Autumn International Tickets- The club still has a number of tickets available for the England v Japan game on the 24th November 2024. If you would like to purchase tickets, then please contact Adrian on foulkes330@btinternet.com

Volunteers- As we all know, the club is run by volunteers for its members, but for it to continue to thrive, develop and grow, we are looking for a few more people to help out with a task's that are a must to ensure we are compliant and run successfully for all our members! A few roles that we need help with asap are:

- * Marketing (including website, internal marketing & social media presence)
- * Fundraising
- * Cricket Team Managers (for matches and tournaments so not necessarily every week)
- * Rugby Safe Lead (First Aid Lead)
- * Risk Assessments

If you can help at all, then please do get in touch with Michelle on 07834 131511 or michelleforknallcrfc@gmail.com

Look Out for Dates on our Social Media Pages (Facebook and Instagram) for Rugby Pre- Season Games During August, as well as exciting Upcoming Club Events!