

# Cranbrook Rugby Football Club



## C.F.R.C. ROLES AND RESPONSIBILITIES

### 4.1 THE GOOD ADMINISTRATOR'S CODE

Whether playing, training or watching a game of rugby the way you behave reflects, YOU, YOUR TEAM and **CRFC** to everyone watching.

The following Codes are designed to promote the elements of enjoyment and satisfaction, the contribution that can be made by non players and to remind all people involved with the game that there are certain standards of fair play and conduct that should be maintained at all times.

It is acknowledged that youth rugby will not progress without good quality administrators. Their contribution is essential to the development of all youth sections and individuals within them. Administrators should:

- Encourage an environment within the rugby Club whereby the opportunity to play rugby is offered to ALL youngsters.
- Encourage the concept of good sporting partnerships between young people, their parents, **CRFC** coaches and officials.
- Involve young people in the decision making processes, where appropriate.
- Recognise that the **CRFC** has a 'Duty of Care' towards all young Club members.
- Ensure that the **CRFC** provides responsible supervision for all young people.
- Promote the concepts of fair play, respect and enjoyment. Discourage the 'win at all costs' ethic amongst the **CRFC** community.
- Ensure that equipment and facilities are available for and appropriate to the requirements of the coaches and needs of the young players.
- Ensure young players are registered under the RFU scheme.
- Ensure that **CRFC** coaching/playing programme reflects the RFU guidelines and does not expose young players to the possibility of over playing or over training.
- Ensure matches are officiated by suitable and preferably qualified referees.

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- Ensure that appropriate medical and first aid provision is always available.
- Promote **Mini / Junior** sections as being an integral part of **CRFC**.
- Promote links with local community, particularly schools.
- Ensure that **CRFC** community is aware of, and abides by the policies and procedures in the **CRFC** Child Protection Guidance Booklet.

## 4.2 THE GOOD COACH'S CODE

Whether playing, training or watching a game of rugby the way you behave reflects, **YOU, YOUR TEAM and CRFC**

The following Codes are designed to promote the elements of enjoyment and satisfaction, the contribution that can be made by non players and to remind all people involved with the game that there are certain standards of fair play and conduct that should be maintained at all times.

Young people come into Rugby Union for a variety of reasons, it is the duty of the coach to recognise this and stimulate continued participation. Coaches have a responsibility to ensure that all youngsters are given the opportunity to fulfil their aspirations in a caring environment where the emphasis is on:

### **FUN - ENJOYMENT - SKILL DEVELOPMENT**

- Recognise the importance of fun and enjoyment when coaching young players. Most learning is achieved through 'doing'
- Appreciate the needs of the players before the needs of the sport.
- Be a positive role model - think what this implies.
- Keep winning and losing in perspective - encourage young players to behave with dignity in all circumstances.
- Respect all referees and the decisions they make (remember it could be you refereeing next week) and ensure that the players recognise that they must do the same.

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- Provide positive verbal feedback in a constructive and encouraging manner, to all young players both during coaching sessions and games.
- Provide experiences and sessions which are matched to the young players' age and ability, as well as their physical and mental development.
- Ensure all youngsters are coached in a safe environment - adequate equipment, facilities and first aid equipment readily at hand.
- Avoid overplaying training - use the squad system to avoid overplaying the best players. Give everybody satisfactory amount of playing time.
- Never allow a player to train or play when injured.
- Ensure good supervision of young players, both on and off the pitch.
- Recognise that young players should never be exposed to extremes of heat, cold or unacceptable risk of injury.
- Develop an awareness of nutrition as part of an overall education in lifestyle management.
- Recognise that it is illegal for young players under 18 to drink alcohol
- Ensure that your knowledge and coaching strategies are up to date and in line with RFU philosophy.
- Be aware of, and abide by, the RFU recommended procedures for taking young people on residential tours at home and abroad.
- Be aware of, and abide by, the policies and procedures outlined in the RFU Child Protection Guidance Booklet. Coaches working with young players up to the age of 12 must follow the guidelines laid down by the RFU Continuum.

Coaches working with young players at age 13+ must be aware of the Under 19 and Under 15 law variations, including those that apply to cross boarder matches.

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## 4.3 THE GOOD MATCH OFFICIAL'S CODE

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Match officials should:

- Recognise the importance of fun and enjoyment when officiating young players.
- Provide positive verbal feedback in a constructive and encouraging manner during games.
- Emphasise the spirit of the game.
- Appreciate the needs of the young players before the needs of the sport.
- Understand the physical, social and psychological development of young players.
- Be a positive role model. You set an example, and as such, comments you receive should be positive and supportive.
- Look to self-improvement e.g. participation in Mini/Midi or National 15-a-side courses.

Match officials must:

- Recognise that safety of young players is paramount.
- Explain decisions – all young players are still learning.
- Always penalise foul play.
- Play advantage where ever possible in order to let the game flow.
- Show empathy for the age and ability of young players.
- Be consistent and objective.

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- Ensure that verbal abuse from players, coaches or spectators is not tolerated and is dealt with by Club officials immediately.
- Be aware of, and abide by, the RFU Child Protection Guidance policies and procedures.

## 4.4 THE GOOD PARENT'S CODE

Whether playing, training or watching a game of rugby the way you behave reflects, YOU, YOUR TEAM and **CRFC** to everyone watching. The following Codes are designed to promote the elements of enjoyment and satisfaction, the contribution that can be made by non players and to remind all people involved with the game that there are certain standards of fair play and conduct that should be maintained at all times.

In Rugby Union coaches and administrators both fully acknowledge that parents are an integral part of the partnership, which ensures that young players enjoy their involvement in the sport and experience an environment in which they can flourish.

Parents are encouraged to:

- Be familiar with the coaching and training programme in order that they can ensure that their child is fully involved and the coaches are aware of their availability.
- Be familiar with the teaching and coaching methods used by observing the sessions in which their child participates.
- Be aware that **CRFC** has a duty of care and therefore, where appropriate, assist coaches with the supervision of the young players, particularly where numbers are large and there is a need to transport youngsters to away games.
- Be involved with the **CRFC** activities and share your expertise.
- Share concerns, if you have them, with **CRFC** officials.
- Be familiar with the "Good Coach's Code" In particular:
- Coaches should recognise the importance of fun and enjoyment when coaching young players.
- Coaches should keep winning and losing in perspective, encouraging young players to behave with dignity in all circumstances.
- It is important that parents support coaches in instilling these virtues

Parents should:

- Remember that young people play rugby for their own enjoyment not that of their parents.
- Encourage young people to play - do not force them.

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- Focus on the young players' efforts rather than winning or losing.
- Be realistic about young players' ability, do not push them towards a level that they are not capable of achieving.
- Provide positive verbal feedback both in training and during the game.
- Remember that persistent, negative messages will adversely affect the players' and the referee's performance and attitude.
- Always support **CRFC** in their efforts to eradicate load, coarse and abusive behaviour from the game.
- Remember young people learn much by example.
- Always show appreciation of good play by ALL young players both **CRFC** and the opposition.
- Respect decisions made by match officials and encourage the young players to do likewise.

## 4.5 THE GOOD PLAYER'S CODE

Whether playing, training or watching a game of rugby the way you behave reflects, YOU, YOUR TEAM and **CRFC** to everyone watching. The following Codes are designed to promote the elements of enjoyment and satisfaction, the contribution that can be made by non players and to remind all people involved with the game that there are certain standards of fair play and conduct that should be maintained at all times.

When playing at home or away, at festivals or on tour your behaviour at all times reflects on YOU, your **PARENTS, the CLUB and EVERYONE** associated with you.

- Players are encouraged to:
- Recognise and appreciate the efforts made by coaches, parents, match officials and administrators in providing the opportunity for you to play the game and enjoy the rugby environment.
- Understand the values of loyalty and commitment to adults and team mates.
- Recognise that every young player has a right to expect their involvement in rugby to be safe and free from all types of abuse.
  
- Understand that if an individual or group of young players feel they are not being treated in a manner that is acceptable, then you have a right to tell an adult either at the rugby Club or outside of the game.
  
- At all times, whether on, or off the field you are expected to behave as follows:
  
- Be on your best behaviour at all times.

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- Listen and act on any instructions given to you by: Team Manager, Coach or any Adult responsible for any activity/pursuit you may be involved in
- Be responsible and safety conscious at all times
- Respect other people and their possessions.
- If staying in hotels or other accommodation treat it respectfully, do not damage or steal anything.
- Report any damage to the Team Manager or a Coach
- Treat with respect the oppositions' Clubhouse and traditions.

## When Playing

- Play because you want to do so, not to please coaches or parents.
- Remember that skill development, fun and enjoyment are the most important parts of the game.
- Work equally hard for yourself and your team – both will then benefit.
- Recognise good play by ALL players on your team and by your opponents.
- Be a sportsman - win or lose.
- Play to the Laws of the Game and accept, without question, all the referee's decisions.
- Control your emotions. Verbal or physical abuse of team-mates, opponents, or match officials is not acceptable
- Treat all players, as you would like to be treated. Do not interfere with, bully or take unfair advantage of any player.

## 4.6 THE GOOD SPECTATOR'S CODE

Whether playing, training or watching a game of rugby the way you behave reflects, YOU, YOUR TEAM and **CRFC**.

The following Codes are designed to promote the elements of enjoyment and satisfaction, the contribution that can be made by non players and to remind all people involved with the game that there are certain standards of fair play and conduct that should be maintained at all times.

Young rugby players are impressionable and their behaviour will often reflect that of the adults around them. In Rugby Union we welcome spectators on our touchlines who embrace the ethos of the game as one of **FUN, ENJOYMENT and SKILL DEVELOPMENT**.

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Spectators are encouraged to:

- Act as positive role models to all young players.
- Be familiar with, and abide by, the RFU Child Protection Guidance in relation to verbal and emotional abuse.
- Respect the rugby Club policy with regard to spectator behaviour.
- Spectators should: remember children play sport for their enjoyment not yours.
- Acknowledge good individual and team performance from ALL youngsters irrespective of which team they play for.
- Respect match official's decisions.
- REMEMBER, they are volunteers providing an opportunity for youngsters to play rugby.
- NEVER VERBALLY ABUSE YOUNG PLAYERS, MATCH OFFICIALS, FELLOW SPECTATORS OR COACHES. Such behaviour can create a negative environment for young players and their behaviour will often reflect this.
- Acknowledge effort and good performance rather than the 'win at all costs' ethic.
- Verbally encourage all youngsters in a positive way. If you do want to shout make sure it is 'for' not 'at' the players.
- Condemn bad language, rude behaviour and violence.
- Encourage all youngsters irrespective of their ability - never ridicule any individual player, regardless of the team they play for.
- Remember - It's only a game!